



44 Dental Care Oral Surgery Service

Please read this before your appointment

You have been referred to **44 Dental Care, (44 Fosse rod North, Leicester, LE3 5EQ, 0116 2519647)** for a minor surgical procedure in your mouth. Your treatment will be carried out by a Specialist Oral Surgeon. We would be very grateful if you could read this leaflet before you come for your appointment so that you know what to expect and what arrangements you need to make for after the appointment.

Information for before you come

- Your treatment will be done using local anaesthesia (injections in the mouth).
- Make sure that you have something to eat and drink before you come.
- If you have been referred for the removal of a tooth or a surgical root filling, you will probably need a cut in the gum and may need some drilling, similar to when you have a filling. You may also need some stitches to help your mouth heal. You will feel pressure and vibration, but should not feel any pain. Normally the surgery will take no more than 15 minutes.
- Although you'll be able to drive after your treatment, you may wish to bring someone with you.

What to do and expect after your surgery

- The numbness from the injections will last 2-3 hours. **Do not** smoke or drink hot liquids during this period. **Do not** undertake any vigorous exercise or heavy work for at least 24 hours.
 - **Do not** rinse your mouth out for the rest of the day.
 - You will be asked to rinse your mouth **the day after** surgery and for the following 7 days. You will be told more about this at your appointment.
 - **A certain amount of pain must be expected.** Take painkillers you would normally use for a headache, but avoid aspirin.
 - Some swelling (and occasional bruising) may also occur. This will normally reach its maximum after 2 days or so after surgery and then gradually reduce.
 - A certain amount of bleeding may occur and oozing can continue for up to 48 hours. Again, we will tell you about how to manage this at your appointment.
 - If you are prescribed antibiotics, please make sure that you complete the course.
 - Following your surgery, if there is:
 - pain that **increases** after 3 days following surgery
 - extreme facial swelling
- you should contact **44 Dental Care, (44 Fosse rod North, Leicester, LE3 5EQ, 0116 2519647)**
- Tightness of the muscles of the jaws may make it difficult to open the mouth as normal. This might mean you have to change what you eat for a while, but drink plenty of fluids. Like the swelling and discomfort, the tightness will reduce with time, however, this can take more than a week to return to normal.